



Four Corners  
Health Department

Information Session:

January 17, 2017 - 7am - Annie Jeffrey

# Lifestyle Prevention Referral

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Address: \_\_\_\_\_ Phone #: \_\_\_\_\_

Medical Provider: \_\_\_\_\_

### Medical Eligibility Criteria

**Patients are eligible if they meet the criteria below:**

- 18 years of age or older
- Body mass index (BMI) of  $\geq 24$  kg/m<sup>2</sup>
- Pre-diabetes ( one of the following)
  - Fasting plasma glucose 100-125 mg/dl  
Test result \_\_\_\_\_ Test Date \_\_\_\_\_
  - Oral glucose tolerance test (75gm.) with 2 hour plasma glucose 140-199 mg/dl  
Test result \_\_\_\_\_ Test Date \_\_\_\_\_
  - A1c of 5.7-6.4  
Test result \_\_\_\_\_ Test Date \_\_\_\_\_
  - Clinically diagnosed gestational diabetes mellitus during a previous pregnancy

*I have reviewed the medical eligibility and wish to refer this patient to the Diabetes Prevention Program in the Four Corners District*

**Referring Provider Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Send to Sandra Burwell RD LMNT, Annie Jeffrey Memorial Health Center (402)747-2031**

Or Fax to Chris Blanke, RN, MS, Program Coordinator at 1-402-362-2687