

# DECEMBER 2022

## Outpatient Services

*For the best in specialized care, be assured  
Annie Jeffrey Health Center is always here.*

Call 402-747-2031 to make an appointment for these Outpatient Clinics:

### Clinic Locations:

**BONE DENSITY:** ..... By appointment

#### **CARDIOLOGY:**

Dr. Christopher Balwanz ..... Dec. 28

#### **CARDIAC REHAB:**

Supervised ..... Every M-W-F

**CENTER FOR SURVIVORS:** ..... Dec. 13 & 27

#### **COLONOSCOPIES:**

Dr. Cameron Sidak ..... Dec. 6 & 20

Dr. Brent Jameson ..... Dec. 9 & 23

**CT/PET SCANS:** ..... By appointment

**DERMATOLOGY** (*via telehealth*): ..... TBA

#### **GENERAL SURGERY:**

Dr. Stephen Nagengast ..... Dec. 13 & 27

#### **LACTATION CONSULTATION:**

Lori Palik, RN ..... By appointment

**MAMMOGRAPHY:** ..... Monday-Friday

(*By appointment*)

#### **NUTRITIONAL COUNSELING:**

Deb Moore, RD ..... Mondays

#### **OCCUPATIONAL THERAPY:**

Sally Meineke, OT ..... By appointment

#### **ORTHOPAEDICS/SPORTS MEDICINE:**

Dr. Robert Dugas ..... Dec. 9

#### **PHYSICAL THERAPY:** (*Mon.-Fri - 7 a.m.-5 p.m.*)

Nathan Olson, PT

Douglas Hackett, PT

Brandi Watts, PTA

#### **SPEECH THERAPY:** Mentink Speech Solutions, LLC

Jena Ockander M.S.-CC-SLP ..... By appointment

**ULTRASOUND:** .... Tuesday & Thursday mornings

#### ***Prairie Creek Family Medicine - Osceola***

**(402)747-8851**

Monday-Friday: 8 a.m.-Noon & 1-5 p.m.

Saturdays: 8 a.m.-Noon

#### ***Prairie Creek Family Medicine - Shelby***

**(402)527-1287**

Monday: 1-6 p.m.

Tuesday-Thursday: 1-5 p.m.

Friday: 1-4 p.m.

#### ***Prairie Creek Family Medicine - Stromsburg***

**(402)764-2491**

Monday-Friday: 8 a.m.-Noon & 1-5 p.m.

Tuesday evenings: 6:15-8 p.m.

## Foundation Family Tree

*Purchase your \$20 Foundation Family Tree*

*ornament in memory of a loved one,*

*or in honor of someone special.*

*The tree will be displayed at the hospital*

*throughout the holiday season.*

