

# NOVEMBER 2022

## Outpatient Services

*For the best in specialized care, be assured  
Annie Jeffrey Health Center is always here.*

Call 402-747-2031 to make an appointment for these Outpatient Clinics:

**BONE DENSITY:** ..... By appointment

**CARDIOLOGY:**

Dr. Christopher Balwanz.....Nov. 23 & 30

**CARDIAC REHAB:**

Supervised .....Every M-W-F

**CENTER FOR SURVIVORS:**.....Nov. 8 & 22

**COLONOSCOPIES:**

Dr. Cameron Sidak .....Nov. 8 & 15

Dr. Brent Jameson.....Nov. 11 & 18

**CT/PET SCANS:** ..... By appointment

**DERMATOLOGY** (via telehealth):..... TBA

**GENERAL SURGERY:**

Dr. Stephen Nagengast ..... Nov. 8

**LACTATION CONSULTATION:**

Lori Palik, RN..... By appointment

**MAMMOGRAPHY:**..... Monday-Friday

(By appointment)

**NUTRITIONAL COUNSELING:**

Deb Moore, RD..... Mondays

**OCCUPATIONAL THERAPY:**

Sally Meineke, OT ..... By appointment

**ORTHOPAEDICS/SPORTS MEDICINE:**

Dr. Robert Dugas..... Nov. 9

**PHYSICAL THERAPY:**

Nate Olson, PT..... Monday-Friday

Douglas Hackett, PT..... Monday-Friday

Brandi Watts, PTA..... Monday-Friday

Myra Pinney, PT Aide..... Monday-Friday

**SPEECH THERAPY:** Mentink Speech Solutions, LLC

Jena Ockander M.S.-CC-SLP..... By appointment

**ULTRASOUND:** .... Tuesday & Thursday mornings

### Clinic Locations:

***Prairie Creek Family Medicine - Osceola***

***(402)747-8851***

Monday-Friday: 8 a.m. - Noon & 1:00 - 5:00 p.m.

Saturdays: 8 a.m. - Noon

***Prairie Creek Family Medicine - Shelby***

***(402)527-1287***

Monday: 1:00 p.m. - 6:00 p.m.

Tuesday-Thursday: 1:00 p.m. - 5:00 p.m.

Friday: 1:00 p.m. - 4:00 p.m.

***Prairie Creek Family Medicine - Stromsburg***

***(402)764-2491***

Monday-Friday: 8 a.m. - Noon & 1:00 - 5:00 p.m.

Tuesday Evenings: 6:15 p.m. - 8:00 p.m.



*Congratulations to our A.J. Volunteers  
on 27 Years in the Thrift Shop!*

Come check out the new fall merchandise!  
The Thrift Shop is open every Wednesday, Thursday  
and Friday from 10:00am until 4:00pm.

