

OCTOBER 2023

Outpatient Services

*For the best in specialized care, be assured
Annie Jeffrey Health Center is always here.*

Call 402-747-2031 to make an appointment for these Outpatient Clinics:

BEHAVIORAL HEALTH:

Madison Euse, LIMHP, LPC, PLADC....By appointment

BONE DENSITY:.....By appointment

CARDIOLOGY:

Dr. Christopher Balwanz..... October 25

CARDIAC REHAB:

Supervised Every M-W-F

CENTER FOR SURVIVORS:.....October 10 & 24

COLONOSCOPIES:

Dr. Cameron Sidak Tuesdays - October 17 & 24

Dr. Brent Jameson..... Fridays - October 13 & 27

CT/PET SCANS:By appointment

DERMATOLOGY (*via telehealth*):..... TBA

GENERAL SURGERY:

Dr. Stephen Nagengast..... October 24

LACTATION CONSULTATION:

Megan Fitzgerald, RNBy appointment

MAMMOGRAPHY:..... Monday-Friday
(*By appointment*)

Mobile Services at AJHC:

Cardiovascular/Doppler StudiesFridays

Echocardiograms: Bryan HealthBy appointment

MRIOctober 6 & 20

Nuclear Medicine.....By appointment

NUTRITIONAL COUNSELING:

Deb Moore, RD By appointment

OCCUPATIONAL THERAPY:

Sally Meineke, OT By appointment

ORTHOPAEDICS/SPORTS MEDICINE:

Dr. Robert Dugas..... October 4

PHYSICAL THERAPY: (*Mon.-Fri - 7 a.m.-5 p.m.*)

Nathan Olson, PT

Douglas Hackett, PT

Kellen Benes, PT

Brandi Watts, PTA

SPEECH THERAPY: Mentink Speech Solutions, LLC
Jena Ockander, M.S.-CC-SLP By appointment

ULTRASOUND: Tuesday & Thursday mornings

Clinic Locations:

Prairie Creek Family Medicine - Osceola
(402)747-8851

Monday-Friday: 8 a.m.-Noon & 1-5 p.m.

Saturdays: 8 a.m.-Noon

Prairie Creek Family Medicine - Shelby
(402)527-1287

Monday: 1-6 p.m.

Tuesday-Thursday: 1-5 p.m.

Friday: 1-4 p.m.

Prairie Creek Family Medicine - Stromsburg
(402)764-2491

Monday-Friday: 8 a.m.-Noon & 1-5 p.m.

Tuesday evenings: 6:15-8 p.m.

Join us for our annual Health Fair • Tuesday, Oct. 3 • 6:45-11 a.m. • Annie Jeffrey Health Center

*During the month of October
join Annie Jeffrey in honoring mothers,
daughters, sisters & friends during
Breast Cancer Awareness Month by
scheduling your mammogram today!*



Annie Jeffrey Health Center • 531 Beebe, Osceola • 402-747-2031 • www.ajhc.org

"Exceptional care, close to home."