SEPTEMBER 2025
Outpatient Services

For the best in specialized care, be assured Annie Jeffrey Health Center is always here.

Call 402-747-2031 to make an appointment for these Outpatient Clinics:

AUDIOLOGY CLINIC:
Dr. Macy Schott-Miller.......................................Friday, Sept. 5

BEHAVIORAL HEALTH:
Madison Euse, LIMHP, LPC, PLADC.......By appointment

BONE DENSITY: .... By appointment

CARDIOLOGY:
Dr. Christopher Balwanz .... Wednesdays, Sept. 24

CARDIAC REHAB:
Supervised ....Every M-W-F

CENTER FOR SURVIVORS: .... As needed

COLONOSCOPIES:
Dr. Cameron Sidak................................Fridays, Sept. 5 & 19
Dr. Brent Jameson............................. Fridays, Sept. 12 & 26

CT/PET SCANS:...................................By appointment

GENERAL SURGERY:
Dr. Stephen Nagengast................. Tuesdays, Sept. 9 & 30

LACTACTION CONSULTATION:
Megan Nathan, RN, CLC ....By appointment

MAMMOGRAPHY:..............................Monday-Friday
(By appointment)

Mobile Services at AJHC:

Cardiovascular/Doppler Studies............................... Fridays
Echocardiograms: Bryan Health ....By appointment
MRI .... Fridays, Sept. 12 & 26
Nuclear Medicine ....By appointment

NUTRITIONAL COUNSELING:
Deb Moore, RD ....By appointment

OCCUPATIONAL THERAPY:
Sally Meineke, OT ....By appointment

ORTHOPAEDICS/SPORTS MEDICINE:
Dr. Robert Dugas......................No clinic in September

PHYSICAL THERAPY: *(Mon.-Fri. - 7 a.m.-5 p.m.)*
Nathan Olson, PT   Kellen Benes, PT
Douglas Hackett, PT   Brandi Watts, PTA

SPEECH THERAPY: Mentink Speech Solutions, LLC
Jena Ockander, M.S.-CC-SLP..............By appointment

ULTRASOUND: .... Tuesdays & Thursdays

UROLOGY CLINIC:
Dr. Logan McGuffey......................Wednesday, Sept. 24

Clinic Locations:

Prairie Creek Family Medicine - Osceola
(402)747-8851
Monday-Friday: 8 a.m.-Noon & 1-5 p.m.
Tuesday evenings, Sept. 2, 16 & 30: 6:15-8 p.m.
Saturdays: 8 a.m.-Noon
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Prairie Creek Family Medicine - Shelby
(402)527-1287
Monday-Friday: 1-5 p.m.
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Prairie Creek Family Medicine - Stromsburg
(402)764-2491
Monday-Friday: 8 a.m.-Noon & 1-5 p.m.
Tuesday evenings, Sept. 9 & 23: 6:15-8 p.m.

Want to reduce your risk for heart disease, type 2 diabetes, stroke and some cancers?

Get out and walk!

Start today by making strides toward better health!

♥ **Annie Jeffrey**

Annie Jeffrey Health Center • 531 Beebe, Osceola • 402-747-2031 • www.ajhc.org   *"Exceptional care, close to home."*