

# SEPTEMBER 2021

## Outpatient Services

*For the best in specialized care, be assured  
Annie Jeffrey Health Center is always here.*

**Call 402-747-2031 to make an appointment for these Outpatient Clinics:**

**BONE DENSITY:** .....By Appointment

**CARDIOLOGY:**

Dr. Christopher Balwanz..... September 22

Dr. Robert Hibbard..... September 15

**CARDIAC REHAB:**

Supervised .....Every M-W-F

**COLONOSCOPIES:**

Dr. Cameron Sidak .....September 7 & 21

Dr. Brent Jameson.....September 10 & 24

**CT/PET SCANS:** ..... By Appointment

**DERMATOLOGY** (*via telehealth*):..... September 24  
(tentative)

**GENERAL SURGERY:**

Dr. Stephen Nagengast.....To be announced

**MAMMOGRAPHY:**.....Monday thru Friday  
(By Appointment)

**NUTRITIONAL COUNSELING:**

Kelsey Kessler .....Wednesdays

**OCCUPATIONAL THERAPY:**

Sally Meineke, OT ..... By Appointment

**ORTHOPAEDICS/SPORTS MEDICINE:**

Dr. Robert Dugas.....September 8

**PHYSICAL THERAPY:**

John Makovicka, RPT ..... Monday thru Friday

Nate Olson, PT..... Monday thru Friday

Brandi Watts, PTA ..... Monday thru Friday

**SPEECH THERAPY:**

Mentink Speech Solutions, LLC..... By Appointment

**ULTRASOUND:**..... Tuesday & Thursday mornings

### Clinic Locations:

***Prairie Creek Family Medicine - Osceola***

***(402)747-8851***

Monday - Friday: 8 a.m. - Noon & 1:00 - 5:00 p.m.

Saturdays: 8 a.m. - Noon

***Prairie Creek Family Medicine - Shelby***

***(402)527-1287***

Monday - Thursday: 1:00 p.m. - 5:00 p.m.

Thursday Evenings: 6:00 p.m. - 8:00 p.m.

Friday: 1:00 p.m. - 4:00 p.m.

***Prairie Creek Family Medicine - Stromburg***

***(402)764-2491***

Monday - Friday: 8 a.m. - Noon & 1:00 - 5:00 p.m.

Tuesday Evenings: 6:15 p.m. - 8:00 p.m.

### Mobile Services at AJHC:

Cardiolite Studies..... September 1 & 22

Cardiovascular/Doppler Studies .....Fridays

Durable Medical Equipment Services

by Tooley Drug .....By Appointment

Echocardiograms: Bryan Health .....By Appointment

MRI..... September 1 & 15

Nuclear Medicine.....By Appointment

*Want to reduce your risk for heart disease,  
type 2 diabetes, stroke and some cancers?*

*Get out and walk!*

*Start today by making strides  
toward better health!*



**Annie Jeffrey Health Center • 531 Beebe, Osceola • 402-747-2031 • [www.ajhc.org](http://www.ajhc.org)**

*"Exceptional care, close to home."*