

# AUGUST 2022

## Outpatient Services

*For the best in specialized care, be assured  
Annie Jeffrey Health Center is always here.*

**Call 402-747-2031 to make an appointment for these Outpatient Clinics:**

**BONE DENSITY:** ..... By appointment

**CARDIOLOGY:**

Dr. Christopher Balwanz..... August 24 & 31

**CARDIAC REHAB:**

Supervised .....Every M-W-F

**CENTER FOR SURVIVORS:**..... August 9 & 23

**COLONOSCOPIES:**

Dr. Cameron Sidak ..... August 2 & 16

Dr. Brent Jameson.....August 26

**CT/PET SCANS:** ..... By appointment

**DERMATOLOGY** (*via telehealth*):..... TBA

**GENERAL SURGERY:**

Dr. Stephen Nagengast ..... August 9 & 23

**MAMMOGRAPHY:**..... Monday - Friday

(By appointment)

**LACTATION**

**CONSULTATION:** ..... By appointment

**NUTRITIONAL COUNSELING:**

Deb Moore, RD ..... Mondays

**OCCUPATIONAL THERAPY:**

Sally Meineke, OT ..... By appointment

**ORTHOPAEDICS/SPORTS MEDICINE:**

Dr. Robert Dugas.....August 17

**PHYSICAL THERAPY:**

Nate Olson, PT..... Monday - Friday

Douglas Hackett, PT..... Monday - Friday

Brandi Watts, PTA ..... Monday - Friday

**SPEECH THERAPY:**

Mentink Speech Solutions, LLC..... By appointment

**ULTRASOUND:**.... Tuesday & Thursday mornings

**Clinic Locations:**

***Prairie Creek Family Medicine - Osceola***

***(402)747-8851***

Monday-Friday: 8 a.m. - Noon & 1:00 - 5:00 p.m.

Saturdays: 8 a.m. - Noon

***Prairie Creek Family Medicine - Shelby***

***(402)527-1287***

Monday: 1:00 p.m. - 6:00 p.m.

Tuesday-Thursday: 1:00 p.m. - 5:00 p.m.

Thursday Evenings: 6:00 p.m. - 8:00 p.m.

Friday: 1:00 p.m. - 4:00 p.m.

***Prairie Creek Family Medicine - Stromsburg***

***(402)764-2491***

Monday-Friday: 8 a.m. - Noon & 1:00 - 5:00 p.m.

Tuesday Evenings: 6:15 p.m. - 8:00 p.m.

**Mobile Services at AJHC:**

Cardiovascular/Doppler Studies .....Fridays

Durable Medical Equipment Services

by Tooley Drug .....By appointment

Echocardiograms: Bryan Health .....By appointment

MRI .....August 5 & 19

Nuclear Medicine.....By appointment

*It's back to school time.  
If you haven't already, be sure to  
schedule your student vaccinations  
and sports physicals today!*



**Annie Jeffrey Health Center • 531 Beebe, Osceola • 402-747-2031 • www.ajhc.org**

*"Exceptional care, close to home."*