

# JUNE 2024

## Outpatient Services

*For the best in specialized care, be assured  
Annie Jeffrey Health Center is always here.*

Call 402-747-2031 to make an appointment for these Outpatient Clinics:

Clinic Locations:

### BEHAVIORAL HEALTH:

Madison Euse, LIMHP, LPC, PLADC.... By appointment

BONE DENSITY:.....By appointment

### CARDIOLOGY:

Dr. Christopher Balwanz..... Wednesday, June 26

### CARDIAC REHAB:

Supervised ..... Every M-W-F

CENTER FOR SURVIVORS:..... As needed

### COLONOSCOPIES:

Dr. Cameron Sidak ..... Fridays, June 7 & 21

Dr. Brent Jameson ..... Friday, June 28

CT/PET SCANS: .....By appointment

### GENERAL SURGERY:

Dr. Stephen Nagengast..... Tuesdays, June 4 & 18

### LACTATION CONSULTATION:

Megan Nathan, RN .....By appointment

MAMMOGRAPHY: ..... Monday-Friday  
(By appointment)

### NUTRITIONAL COUNSELING:

Deb Moore, RD ..... By appointment

### OCCUPATIONAL THERAPY:

Sally Meineke, OT ..... By appointment

### ORTHOPAEDICS/SPORTS MEDICINE:

Dr. Robert Dugas ..... Wednesday, June 5

### PHYSICAL THERAPY: (Mon.-Fri - 7 a.m.-5 p.m.)

Nathan Olson, PT

Douglas Hackett, PT

Kellen Benes, PT

Brandi Watts, PTA

SPEECH THERAPY: Mentink Speech Solutions, LLC  
Jena Ockander, M.S.-CC-SLP ..... By appointment

ULTRASOUND: ..... Tuesday & Thursday mornings

### *Prairie Creek Family Medicine - Osceola* **(402)747-8851**

Monday-Friday: 8 a.m.-Noon & 1-5 p.m.

Saturdays: 8 a.m.-Noon

### *Prairie Creek Family Medicine - Shelby* **(402)527-1287**

Monday: 1-6 p.m.

Tuesday-Thursday: 1-5 p.m.

Friday: 1-4 p.m.

### *Prairie Creek Family Medicine - Stromsburg* **(402)764-2491**

Monday-Friday: 8 a.m.-Noon & 1-5 p.m.

Tuesday evenings: 6:15-8 p.m.

### Mobile Services at AJHC:

Cardiovascular/Doppler Studies .....Fridays

Echocardiograms: Bryan Health .....By appointment

MRI ..... Fridays, June 7 & 21

Nuclear Medicine .....By appointment

*There's still time to register!*  
**Foundation for Annie Jeffrey  
Golf Tournament**

*Friday, June 21*

*Ryan Hill Golf Course, Osceola*

*Visit us online at [ajhc.org](http://ajhc.org) for more information.*

 **Annie Jeffrey**



Annie Jeffrey Health Center • 531 Beebe, Osceola • 402-747-2031 • [www.ajhc.org](http://www.ajhc.org)

*"Exceptional care, close to home."*