

# APRIL 2026

## Outpatient Services

*For the best in specialized care, be assured  
Annie Jeffrey Health Center is always here.*

**Call 402-747-2031 to make an appointment for these Outpatient Clinics:**

**Clinic Locations:**

**AUDIOLOGY CLINIC:**

Dr. Macy Schott-Miller ..... Friday, April 3

**BEHAVIORAL HEALTH:**

Madison Euse, LIMHP, LPC, PLADC.....By appointment

**BONE DENSITY:**.....By appointment

**CARDIOLOGY:**

Dr. Christopher Balwanz ..... Wednesday, April 15 & 29

**CARDIAC REHAB:**

Supervised .....Every M-W-F

**CENTER FOR SURVIVORS:** ..... As needed

**COLONOSCOPIES:**

Dr. Cameron Sidak..... Friday, April 3

Dr. Brent Jameson..... Friday, April 10

**CT/PET SCANS:**.....By appointment

**GENERAL SURGERY:**

Dr. Stephen Nagengast..... Tuesdays, April 7 & 21

**LACTACTION CONSULTATION:**

Megan Nathan, RN, CLC .....By appointment

**MAMMOGRAPHY:**.....Monday-Friday  
(By appointment)

**Mobile Services at AJHC:**

Cardiovascular/Doppler Studies..... Fridays

Echocardiograms: Bryan Health .....By appointment

MRI .....Fridays, April 10 & 24

Nuclear Medicine .....By appointment

**NUTRITIONAL COUNSELING:**

Deb Moore, RD .....By appointment

**OCCUPATIONAL THERAPY:**

Sally Meineke, OT .....By appointment

**ORTHOPAEDICS/SPORTS MEDICINE:**

Dr. Jake Bianco/Dr. Seth Wardyn .... Tuesdays, April 7 & 21

**PHYSICAL THERAPY:** (Mon.-Fri. - 7 a.m.-5 p.m.)

Nathan Olson, PT           Kellen Benes, PT

Douglas Hackett, PT       Brandi Watts, PTA

**SPEECH THERAPY:** Mentink Speech Solutions, LLC

Jena Ockander, M.S.-CC-SLP .....By appointment

**ULTRASOUND:** ..... Tuesdays & Thursdays

**UROLOGY CLINIC:**

Dr. Logan McGuffey..... Wednesday, April 15

***Prairie Creek Family Medicine - Osceola***

***(402) 747-8851***

Monday-Friday: 8 a.m.-Noon & 1-5 p.m.

Tuesday evenings, April 14 & 28: 5:45-7:30 p.m.

Saturdays: 8 a.m.-Noon

***Prairie Creek Family Medicine - Shelby***

***(402) 527-1287***

Monday-Friday: 1-5 p.m.

***Prairie Creek Family Medicine - Stromsburg***

***(402) 764-2491***

Monday-Friday: 8 a.m.-Noon & 1-5 p.m.

Tuesday evenings, April 7 & 21: 6:15-8 p.m.



HAPPY  
*Easter*

From the staff at  
**Annie Jeffrey**

531 Beebe Street, Osceola • www.ajhc.org

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*"Exceptional care, close to home."*