

# APRIL 2022

## Outpatient Services

*For the best in specialized care, be assured  
Annie Jeffrey Health Center is always here.*

**Call 402-747-2031 to make an appointment for these Outpatient Clinics:**

**BONE DENSITY:** ..... By appointment  
**CARDIOLOGY:**  
 Dr. Christopher Balwanz.....April 27  
**CARDIAC REHAB:**  
 Supervised .....Every M-W-F  
**COLONOSCOPIES:**  
 Dr. Cameron Sidak ..... April 5 & 19  
 Dr. Brent Jameson..... April 8 & 22  
**CT/PET SCANS:** ..... By appointment  
**DERMATOLOGY (via telehealth):**..... TBA  
**GENERAL SURGERY:**  
 Dr. Stephen Nagengast ..... April 12 & 26  
**MAMMOGRAPHY:**..... Monday - Friday  
 (By appointment)  
**LACTATION  
 CONSULTATION:** ..... By appointment

**NUTRITIONAL COUNSELING:**  
 Deb Moore, RD ..... Mondays  
**OCCUPATIONAL THERAPY:**  
 Sally Meineke, OT ..... By appointment  
**ORTHOPAEDICS/SPORTS MEDICINE:**  
 Dr. Robert Dugas.....April 27  
**PHYSICAL THERAPY:**  
 Nate Olson, PT..... Monday thru Friday  
 Brandi Watts, PTA ..... Monday thru Friday  
 Douglas Hackett, PT..... Monday thru Friday  
**SPEECH THERAPY:**  
 Mentink Speech Solutions, LLC..... By appointment  
**ULTRASOUND:**.... Tuesday & Thursday mornings

### Clinic Locations:

***Prairie Creek Family Medicine - Osceola***  
**(402)747-8851**  
 Monday-Friday: 8 a.m. - Noon & 1:00 - 5:00 p.m.  
 Saturdays: 8 a.m. - Noon  
 .....  
***Prairie Creek Family Medicine - Shelby***  
**(402)527-1287**  
 Monday: 1:00 p.m. - 6:00 p.m.  
 Tuesday-Thursday: 1:00 p.m. - 5:00 p.m.  
 Thursday Evenings: 6:00 p.m. - 8:00 p.m.  
 Friday: 1:00 p.m. - 4:00 p.m.  
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***Prairie Creek Family Medicine - Stromburg***  
**(402)764-2491**  
 Monday-Friday: 8 a.m. - Noon & 1:00 - 5:00 p.m.  
 Tuesday Evenings: 6:15 p.m. - 8:00 p.m.

### Mobile Services at AJHC:

Cardiovascular/Doppler Studies .....Fridays  
 Durable Medical Equipment Services  
     by Tooley Drug .....By appointment  
 Echocardiograms: Bryan Health .....By appointment  
 MRI .....April 1, 15 & 29  
 Nuclear Medicine.....By appointment

### Our entrances are now open!

*The Wellness Center and front entrances are now open to the public. **All healthy patients** may enter through the front entrance on the east side of the building.*

*(This includes physical therapy, outpatient clinic, x-ray and lab patients, as well as Wellness Center members from 7 a.m.-5 p.m. (Monday-Friday).)*

