

# APRIL 2021

## Outpatient Services

*For the best in specialized care, be assured  
Annie Jeffrey Health Center is always here.*

**Call 402-747-2031 to make an appointment for these Outpatient Clinics:**

### Clinic Locations:

**BONE DENSITY:** .....By Appointment

**CARDIOLOGY:**

Dr. Christopher Balwanz.....April 28  
Dr. Robert Hibbard.....April 21

**CARDIAC REHAB:**

Supervised .....Every M-W-F

**COLONOSCOPIES:**

Dr. Cameron Sidak ..... April 6 & 20  
Dr. Brent Jameson..... April 9 & 23

**CT/PET SCANS:** ..... By Appointment

**GENERAL SURGERY:**

Dr. Stephen Nagengast..... Date to be determined

**MAMMOGRAPHY:**.....Monday thru Friday  
(By Appointment)

**NUTRITIONAL COUNSELING:**

Candece Hansen .....Wednesdays

**OCCUPATIONAL THERAPY:**

Sally Meineke, OT ..... By Appointment

**ORTHOPAEDICS/SPORTS MEDICINE:**

Dr. Robert Dugas.....April 21

**PHYSICAL THERAPY:**

John Makovicka, RPT .....Monday thru Friday  
Nate Olson, PT.....Monday thru Friday  
Brandi Watts, PTA .....Monday thru Friday

**SPEECH THERAPY:**

Mentink Speech Solutions, LLC..... By Appointment

**ULTRASOUND:** .... Tuesday & Thursday mornings

***Prairie Creek Family Medicine - Osceola***  
***(402)747-8851***

Monday - Friday: 8 a.m. - Noon & 1:00 - 5:00 p.m.  
Saturdays: 8 a.m. - Noon

***Prairie Creek Family Medicine - Shelby***  
***(402)527-1287***

Monday - Thursday: 1:00 p.m. - 5:00 p.m.  
Thursday Evenings: 6:00 p.m. - 8:00 p.m.  
Friday: 1:00 p.m. - 4:00 p.m.

***Prairie Creek Family Medicine - Stromburg***  
***(402)764-2491***

Monday - Friday: 8 a.m. - Noon & 1:00 - 5:00 p.m.  
Tuesday Evenings: 6:15 p.m. - 8:00 p.m.

### Mobile Services at AJHC:

Cardiolite Studies.....April 7 & 21  
Cardiovascular/Doppler Studies .....Fridays  
Durable Medical Equipment Services  
by Tooley Drug .....By Appointment  
Echocardiograms: Bryan Health .....By Appointment  
MRI.....April 14 & 28  
Nuclear Medicine.....By Appointment

*Registration is open!*  
**Foundation for Annie Jeffrey  
Golf Tournament**

*Friday, June 18*

*Ryan Hill Golf Course, Osceola*

*Visit us online at [ajhc.org](http://ajhc.org) for more information.*

 **Annie Jeffrey**



**Golf Tournament**

**Annie Jeffrey Health Center • 531 Beebe, Osceola • 402-747-2031 • [www.ajhc.org](http://www.ajhc.org)**

*"Exceptional care, close to home."*