

MARCH 2026

Outpatient Services

*For the best in specialized care, be assured
Annie Jeffrey Health Center is always here.*

Call 402-747-2031 to make an appointment for these Outpatient Clinics:

Clinic Locations:

AUDIOLOGY CLINIC:

Dr. Macy Schott-Miller.....Friday, March 6

BEHAVIORAL HEALTH:

Madison Euse, LIMHP, LPC, PLADC.....By appointment

BONE DENSITY:.....By appointment

CARDIOLOGY:

Dr. Christopher Balwanz Wednesday, March 25

CARDIAC REHAB:

SupervisedEvery M-W-F

CENTER FOR SURVIVORS: As needed

COLONOSCOPIES:

Dr. Cameron Sidak.....Friday, March 6

Dr. Brent Jameson.....Friday, March 13

CT/PET SCANS:.....By appointment

GENERAL SURGERY:

Dr. Stephen Nagengast..... Tuesdays, March 10

LACTACTION CONSULTATION:

Megan Nathan, RN, CLCBy appointment

MAMMOGRAPHY:.....Monday-Friday
(By appointment)

Mobile Services at AJHC:

Cardiovascular/Doppler Studies..... Fridays

Echocardiograms: Bryan HealthBy appointment

MRI Fridays, March 13 & 27

Nuclear MedicineBy appointment

NUTRITIONAL COUNSELING:

Deb Moore, RDBy appointment

OCCUPATIONAL THERAPY:

Sally Meineke, OTBy appointment

ORTHOPAEDICS/SPORTS MEDICINE:

Dr. Jake Bianco/Dr. Seth Wardyn..... Tuesday, March 17

PHYSICAL THERAPY: (Mon.-Fri. - 7 a.m.-5 p.m.)

Nathan Olson, PT Kellen Benes, PT

Douglas Hackett, PT Brandi Watts, PTA

SPEECH THERAPY: Mentink Speech Solutions, LLC

Jena Ockander, M.S.-CC-SLPBy appointment

ULTRASOUND: Tuesdays & Thursdays

UROLOGY CLINIC:

Dr. Logan McGuffey..... Wednesday, March 18

Prairie Creek Family Medicine - Osceola

(402)747-8851

Monday-Friday: 8 a.m.-Noon & 1-5 p.m.

Tuesday evenings, March 3, 17 & 31: 5:45-7:30 p.m.

Saturdays: 8 a.m.-Noon

Prairie Creek Family Medicine - Shelby

(402)527-1287

Monday-Friday: 1-5 p.m.

Prairie Creek Family Medicine - Stromsburg

(402)764-2491

Monday-Friday: 8 a.m.-Noon & 1-5 p.m.

Tuesday evenings, March 10 & 24: 6:15-8 p.m.

Spring Health Fair

Tuesday, March 3rd

6:45 a.m. to 11:00 a.m.

ANNIE JEFFREY HEALTH CENTER

**If you missed us in October, here is your opportunity
to take advantage of discounted health screens for
your own personal Preventive Maintenance.**

*Preventive
Maintenance*



531 Beebe Street, Osceola
www.ajhc.org



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"Exceptional care, close to home."