

MARCH 2024

Outpatient Services

*For the best in specialized care, be assured
Annie Jeffrey Health Center is always here.*

Call 402-747-2031 to make an appointment for these Outpatient Clinics:

Clinic Locations:

BEHAVIORAL HEALTH:

Madison Euse, LIMHP, LPC, PLADC.... By appointment

BONE DENSITY:.....By appointment

CARDIOLOGY:

Dr. Christopher Balwanz.....March 13

CARDIAC REHAB:

Supervised Every M-W-F

CENTER FOR SURVIVORS:..... As needed

COLONOSCOPIES:

Dr. Cameron Sidak March 1 & 15

Dr. Brent Jameson March 8 & 22

CT/PET SCANS:By appointment

GENERAL SURGERY:

Dr. Stephen Nagengast..... March 8 & 22

LACTACTION CONSULTATION:

Megan Fitzgerald, RNBy appointment

MAMMOGRAPHY: Monday-Friday
(By appointment)

Mobile Services at AJHC:

Cardiovascular/Doppler StudiesFridays

Echocardiograms: Bryan HealthBy appointment

MRI March 1, 15 & 29

Nuclear Medicine.....By appointment

NUTRITIONAL COUNSELING:

Deb Moore, RD By appointment

OCCUPATIONAL THERAPY:

Sally Meineke, OT By appointment

ORTHOPAEDICS/SPORTS MEDICINE:

Dr. Robert Dugas March 13

PHYSICAL THERAPY: (Mon.-Fri - 7 a.m.-5 p.m.)

Nathan Olson, PT

Douglas Hackett, PT

Kellen Benes, PT

Brandi Watts, PTA

SPEECH THERAPY: Mentink Speech Solutions, LLC

Jena Ockander, M.S.-CC-SLP By appointment

ULTRASOUND: Tuesday & Thursday mornings

Prairie Creek Family Medicine - Osceola
(402)747-8851

Monday-Friday: 8 a.m.-Noon & 1-5 p.m.

Saturdays: 8 a.m.-Noon

Prairie Creek Family Medicine - Shelby
(402)527-1287

Monday: 1-6 p.m.

Tuesday-Thursday: 1-5 p.m.

Friday: 1-4 p.m.

Prairie Creek Family Medicine - Stromsburg
(402)764-2491

Monday-Friday: 8 a.m.-Noon & 1-5 p.m.

Tuesday evenings: 6:15-8 p.m.

Spring Mini-Health Fair

Tuesday, March 5th

6:45 a.m. to 11:00 a.m.

ANNIE JEFFREY HEALTH CENTER

If you missed us in October, here is your opportunity
to take advantage of discounted health screens for
your own personal Preventive Maintenance.



531 Beebe Street, Osceola • www.ajhc.org

*Preventive
Maintenance*



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"Exceptional care, close to home."