

MARCH 2023

Outpatient Services

*For the best in specialized care, be assured
Annie Jeffrey Health Center is always here.*

Call 402-747-2031 to make an appointment for these Outpatient Clinics:

Clinic Locations:

BONE DENSITY: By appointment

CARDIOLOGY:

Dr. Christopher Balwanz..... March 22 & 29

CARDIAC REHAB:

SupervisedEvery M-W-F

CENTER FOR SURVIVORS:..... March 14 & 28

COLONOSCOPIES:

Dr. Cameron Sidak March 21 & 28

Dr. Brent Jameson March 10 & 24

CT/PET SCANS: By appointment

DERMATOLOGY (via telehealth):..... TBA

GENERAL SURGERY:

Dr. Stephen Nagengast March 7 & 21

LACTACTION CONSULTATION:

Lori Palik, RN By appointment

Megan Fitzgerald, RN By appointment

MAMMOGRAPHY:..... Monday-Friday

(By appointment)

NUTRITIONAL COUNSELING:

Deb Moore, RD Mondays

OCCUPATIONAL THERAPY:

Sally Meineke, OT By appointment

ORTHOPAEDICS/SPORTS MEDICINE:

Dr. Robert Dugas March 1

PHYSICAL THERAPY: (Mon.-Fri - 7 a.m.-5 p.m.)

Nathan Olson, PT

Douglas Hackett, PT

Brandi Watts, PTA

SPEECH THERAPY: Mentink Speech Solutions, LLC

Jena Ockander M.S.-CC-SLP..... By appointment

ULTRASOUND:.... Tuesday & Thursday mornings

Prairie Creek Family Medicine - Osceola

(402)747-8851

Monday-Friday: 8 a.m.-Noon & 1-5 p.m.

Saturdays: 8 a.m.-Noon

Prairie Creek Family Medicine - Shelby

(402)527-1287

Monday: 1-6 p.m.

Tuesday-Thursday: 1-5 p.m.

Friday: 1-4 p.m.

Prairie Creek Family Medicine - Stromsburg

(402)764-2491

Monday-Friday: 8 a.m.-Noon & 1-5 p.m.

Tuesday evenings: 6:15-8 p.m.

Spring Mini-Health Fair

Tuesday, March 7th

6:45 a.m. - 12 Noon

If you missed us in October, here is your opportunity to take advantage of discounted health screens for your own personal Preventive Maintenance.



Mobile Services at AJHC:

Cardiovascular/Doppler StudiesFridays

Echocardiograms: Bryan HealthBy appointment

MRI..... March 3 & 17

Nuclear Medicine.....By appointment