DECEMBER 2026
Outpatient Services

For the best in specialized care, be assured Annie Jeffrey Health Center is always here.

Call 402-747-2031 to make an appointment for these Outpatient Clinics:

AUDIOLOGY CLINIC:
Dr. Macy Schott-Miller ..... Friday, Dec. 4

BEHAVIORAL HEALTH:
Madison Euse, LIMHP, LPC, PLADC..... By appointment

BONE DENSITY: ..... By appointment

CARDIOLOGY:
Dr. Christopher Balwanz ..... Wednesdays, Dec. 16 & 23

CARDIAC REHAB: Supervised..... Every M-W-F

CENTER FOR SURVIVORS: ..... As needed

COLONOSCOPIES:
Dr. Cameron Sidak..... Friday, Dec. 4
Dr. Brent Jameson..... Friday, Dec. 11

CT/PET SCANS:..... By appointment

GENERAL SURGERY:
Dr. Stephen Nagengast..... Tuesdays, Dec. 8 & 22

LACTACTION CONSULTATION:
Megan Nathan, RN, CLC ..... By appointment

MAMMOGRAPHY: ..... Monday-Friday
(By appointment)

NUTRITIONAL COUNSELING:
Deb Moore, RD ..... By appointment

OCCUPATIONAL THERAPY:
Sally Meineke, OT ..... By appointment

ORTHOPAEDICS/SPORTS MEDICINE:
Dr. Jake Bianco ..... Tuesdays, Dec. 15 & 29

PHYSICAL THERAPY: *(Mon.-Fri. - 7 a.m.-5 p.m.)*
Nathan Olson, PT — Kellen Benes, PT
Douglas Hackett, PT — Shane Meyers, PTA

SPEECH THERAPY: Mentink Speech Solutions, LLC
Jena Ockander, M.S.-CC-SLP..... By appointment

ULTRASOUND: ..... Tuesdays & Thursdays

UROLOGY CLINIC:
Dr. Logan McGuffey..... Wednesday, Dec. 16

Mobile Services at AJHC:

Cardiovascular/Doppler Studies..... Fridays
Echocardiograms: Bryan Health ..... By appointment
MRI ..... Fridays, Dec. 4 & 18
Nuclear Medicine ..... By appointment

Clinic Locations:

Prairie Creek Family Medicine - Osceola
(402) 747-8851
Monday-Friday: 8 a.m.-Noon & 1-5 p.m.
Tuesday evenings, Dec. 8 & 22: 5:45-7:30 p.m.
Saturdays: 8 a.m.-Noon

Prairie Creek Family Medicine - Shelby
(402) 527-1287
Monday-Friday: 1-5 p.m.

Prairie Creek Family Medicine - Stromsburg
(402) 764-2491
Monday-Friday: 8 a.m.-Noon & 1-5 p.m.
Tuesday evenings, Dec. 1 & 29: 6:15-8 p.m.

Foundation Family Tree

Purchase your $20 Foundation Family Tree ornament in memory of a loved one, or in honor of someone special. The tree will be displayed at the hospital throughout the holiday season.



Annie Jeffrey Health Center • 531 Beebe, Osceola • 402-747-2031 • www.ajhc.org

"Exceptional care, close to home."